



Commission for Gender Equality

Awareness raising on Men's Health by the Commission for Gender Equality Public Education and Information

Men's Health Month is observed annually in June to heighten awareness of preventable health problems and promote early detection and treatment of disease among men and boys. It serves as a vital platform to engage health care providers, policymakers, the media, and communities in encouraging men and boys to prioritise their health and well-being by seeking regular medical advice and prompt care for disease or injury. At the Commission for Gender Equality (CGE), our mandate is to promote, protect, monitor and evaluate gender equality in South Africa. We recognise that gender equality cannot be achieved without addressing the specific health challenges and socio-cultural factors that affect men and boys. Men's health is not only a medical issue, but also a gendered issue, and one that demands equitable and rights-based solutions. This time of year, also marks the traditional winter initiation season, including male circumcision rites in many South African communities. While cultural practices are an important expression of identity and heritage, they must be carried out in a manner that respects the rights, health, dignity, and safety of initiates, especially boys and young men. This Men's Health Month, let us work together to support healthy masculinities, informed choices, and environments where both men and women can thrive with dignity and equality. To lodge a gender-related complaint send an email to legal complaints on Gender-Enquiries@cge.org.za, download the complaint form from www.cge.org.za or visit or call the CGE office in your province. For more information on the CGE follow us on X: @CGE_ZA, Instagram: @cgelive and Facebook: Commission for Gender Equality.

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